

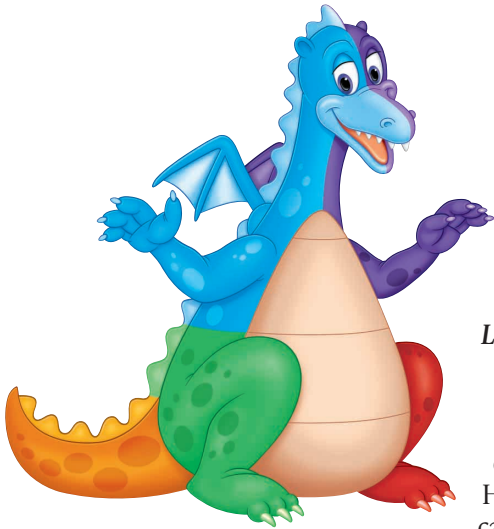
LITTLE D'S NUTRITION EXPEDITION™

AND

ARIANNA'S NUTRITION EXPEDITION™

NUTRITION EDUCATION FOR SECOND AND FOURTH GRADES

Available on
www.NutritionExplorations.org



- Five-Food-Group lessons
- Support Health and Language Arts standards
- Interactive online games reinforce classroom lessons
- Teacher- and kid-tested

LITTLE D'S NUTRITION EXPEDITION – SECOND GRADE

Little D's Nutrition Expedition transports second-grade students back to the time of medieval castles and dragons. Along the way, they'll learn the importance of good nutrition and physical activity from Little D the dragon, Princess Peapod, Queen Anna Banana and other food-group friends. This 10-lesson program supplements both Health and Language Arts curricula, and companion interactive games captivate students while reinforcing the classroom lessons.

ARIANNA'S NUTRITION EXPEDITION – FOURTH GRADE

Students will enjoy arm-chair traveling with the two heroes of this classroom nutrition program – Arianna Bones and Marcus Muscleman. Whether they're solving a mystery or trekking to Antarctica, these two adventurous fourth-graders put pizzazz into learning about the importance of good nutrition and physical activity. The eight nutrition lessons in this program support education standards for both the Health and Language Arts curricula. Four computer games, like *Combo Kitchen™* and *Nutrition Mixer™*, reinforce the classroom lessons, and fun, printable take-aways reward students for their nutrition knowledge.

FREE MATERIALS AVAILABLE ONLINE

- 8-10 Student Activities, featuring Little D and friends or Arianna and Marcus
- Teacher Guide with blackline masters
- Colorful Mini Poster
- Four nutrition-based adventure games that reinforce nutrition concepts

The Nutrition Expedition programs were developed by the National Dairy Council® and tested by teachers.



Enroll for access to the Nutrition Expedition Programs today at
www.NutritionExplorations.org.