

**National Dairy Council *Little D's Nutrition Expedition* Program  
Integrated With Grade 2 New Mexico Essential Knowledge & Skills  
Provided Free By Dairy MAX**

Program Learning Objectives	Related Standards from Your State
<b>NUTRITION OBJECTIVES</b>	
Name the <b>Five Food Groups</b> (Activity 1)	
<b>Identify</b> and <b>classify</b> foods into the <b>Five Food Groups</b> (Activities 2, 3, 4, 5, 6)	2
Identify a <b>health benefit</b> of each of the <b>Five Food Groups</b> (Activities 2, 3, 4, 5, 6, 8)	1,3,6
Explain the need to eat foods from all <b>Five Food Groups</b> to stay healthy (Activity 7)	1,3,6
Identify foods in the “ <b>Others</b> ” <b>category</b> (Activity 8)	
Describe and plan a “ <b>Smart Snack</b> ” (Activities 9, 10)	2
<b>Plan a meal</b> using all Five Food Groups (Activity 10)	2,6
<b>CROSS-CURRICULAR OBJECTIVES</b>	
<b>LANGUAGE ARTS</b>	
Reading: <b>Identify</b> and <b>compare characters</b> in a story (Activity 1)	IA.1, IC
Reading: Use information in text to make <b>predictions</b> (Activities 1, 8)	IC.1
Reading: Read <b>fictional material</b> for a specific purpose (Activity 2)	
Reading: Use <b>phonemic awareness</b> to identify <b>rhyming</b> words (Activity 5)	ID
Reading: Use information in text to explore <b>cause and effect</b> (Activity 8)	IB.1, IC.1
Reading: Discuss <b>prior knowledge</b> and relate it to text before reading (Activity 9)	
Reading: Identify/compare a <b>character's attributes</b> across stories (Activity 10)	IC.3
Writing: Use <b>adjectives</b> in writing (Activity 4)	
Writing: Use appropriate <b>pre-writing strategies</b> to <b>generate</b> and <b>organize ideas</b> with teacher assistance (Activities 5, 6)	IA.1, IB.3, IIC.1
Writing: Experiment with different forms of <b>writing</b> , including <b>poetry</b> (Activity 5)	IIC.2

<b>Program Learning Objectives</b>	<b>Related Standards from Your State</b>
Writing: Experiment with different forms of <b>writing</b> , including <b>riddles</b> (Activity 6)	IIC.2
Writing: Demonstrate appropriate use of <b>nouns</b> , <b>adjectives</b> and <b>verbs</b> (Activity 7)	IIB.1
Listening: <b>Listen</b> in order to <b>respond</b> appropriately through <b>movements</b> (Activities 1, 2, 3, 4, 7, 10)	IA.1
Listening: Complete a task for which two or more <b>steps</b> are <b>given orally</b> (Activity 2)	IA.1
<b>MATH</b>	
Solve <b>simple problems</b> using <b>money</b> (Activity 6)	IC.2.2
<b>SCIENCE</b>	
<b>Classify</b> foods into <b>plant</b> or <b>animal</b> sources (Activity 3)	IIB.2.2
Explain the function of <b>bones and teeth</b> (Activity 2)	IIB.2.3
<b>SOCIAL STUDIES</b>	
Understand that milk is produced on a <b>farm</b> (Activity 2)	IVB.2.1, IVB.2.2