

**National Dairy Council *Little D's Nutrition Expedition* Program  
Integrated With Grade 2 Texas Essential Knowledge & Skills  
Provided Free By Dairy MAX**

Program Learning Objectives	Related Standards from Your State
<b>NUTRITION OBJECTIVES</b>	
Name the <b>Five Food Groups</b> (Activity 1)	§115.4 b-1-C
<b>Identify</b> and <b>classify</b> foods into the <b>Five Food Groups</b> (Activities 2, 3, 4, 5, 6)	§115.4 b-1-D
Identify a <b>health benefit</b> of each of the <b>Five Food Groups</b> (Activities 2, 3, 4, 5, 6, 8)	§115.4 b-1-D & G
Explain the need to eat foods from all <b>Five Food Groups</b> to stay healthy (Activity 7)	§115.4 b-1-D & 115.4 b-4-B
Describe and plan a “ <b>Smart Snack</b> ” (Activities 9, 10)	§115.4 b-1-D
<b>CROSS-CURRICULAR OBJECTIVES</b>	
<b>LANGUAGE ARTS</b>	
Reading: <b>Identify</b> and <b>compare characters</b> in a story (Activity 1)	§110.4 b-11-H
Reading: Use information in text to make <b>predictions</b> (Activities 1, 8)	§110.4 b-1-A & D
Reading: Use <b>phonemic awareness</b> to identify <b>rhyming</b> words (Activity 5)	§110.4 b-7-B
Reading: Use information in text to explore <b>cause and effect</b> (Activity 8)	§110.4 b-9-A & G
Reading: Discuss <b>prior knowledge</b> and relate it to text before reading (Activity 9)	§110.4 b-9-A
Writing: Use appropriate <b>pre-writing strategies</b> to <b>generate</b> and <b>organize ideas</b> with teacher assistance (Activities 5, 6)	§110.4 b-18-A
Writing: Experiment with different forms of <b>writing</b> , including <b>poetry</b> (Activity 5)	§110.4 b-14-D
Writing: Demonstrate appropriate use of <b>nouns</b> , <b>adjectives</b> and <b>verbs</b> (Activity 7)	§110.4 b-17-A & D
Listening: <b>Listen</b> in order to <b>respond</b> appropriately through <b>movements</b> (Activities 1, 2, 3, 4, 7, 10)	§110.4 b-4-A & B & C

Program Learning Objectives	Related Standards from Your State
<b>MATH</b>	
Solve <b>simple problems</b> using <b>money</b> (Activity 6)	§111.4 b-12-D
<b>SCIENCE</b>	
Classify foods into <b>plant</b> or <b>animal</b> sources (Activity 3)	§112.4 b-6-C & D