



## Chocolate Cherry Latte Smoothie

Recipe Type: Breakfast

Meal Components: 1 oz M/MA, 1 cup fruit, 1 cup milk

Ingredients	4 Servings		24 Servings		96 Servings		Directions
	Weight	Measure	Weight	Measure	Weight	Measure	
							<b>CCP: No bare hand contact with ready to eat food.</b>
Yogurt, Greek, vanilla, fat free		2 cups		3 qt		3 gal	1. Place yogurt, frozen cherries, fresh bananas, cocoa powder, and instant coffee in 5-gallon bucket. Pour milk on top. Blend using immersion blender until pureed and smooth. Taste test smoothie. If texture is not smooth, continue to blend.  <b>Note: A 5-gallon bucket can hold 24 servings.</b>
Cherries, frozen	17.6 oz		6 lb 10 oz		26 lb 8 oz		
Banana, fresh EP	1 lb		6 lb		24 lb		
Cocoa powder		1/4 cup		1 1/2 cup		6 cups	
Instant coffee		1 Tbsp + 1 tsp*		1/2 cup*		2 cups*	
Milk, fat-free		1 qt		1 gal + 2 qt		6 gal	
							2. Pour 22 oz smoothies into 24 oz cups evenly and top with lid.
							<b>CCP: Hold and serve at 41° F or below.</b> <b>CCP: No bare hand contact with ready to eat food.</b>



#### Notes:

17.6 oz frozen cherries = 2 cups fruit puree.

1 lb EP bananas = 1 lb 9 oz AP bananas or ~4 bananas or 2 cups puree.

Fruit (puree) in smoothies credits as fruit juice. Fruit puree was weighed and measured without the addition of water or other ingredients.

1 smoothie can credit as a reimbursable breakfast meal (3 items).

\*The amount of instant coffee needed will vary by brand. Adjust quantity to provide 8 oz of coffee per smoothie according to package instructions.

#### Serving:

1 serving provides 1 oz meat/meat alternate, 1 cup fruit, and 1 cup milk.

Portion Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
22 fl oz	346 kcal	1.52 g	0.85 g	8.30 mg	145.67 mg	68.11 g	7.11 g	48.48 g	22.06 g

Nutrients generated with NUTRIKIDS® Menu Planning and Nutritional Analysis software and should not be used for medical conditions or food allergies.