





Chocolate Cherry Latte Smoothie

Recipe Type: Breakfast

Meal Components: 1 oz M/MA, 1 cup fruit, 1 cup milk

Preparation Time: 50 minutes

	4 Servings		24 Servings		96 Servings					
Ingredients	Weight	Measure	Weight	Measure	Weight	Measure	Directions			
							CCP: No bare hand contact with ready to eat food.			
Yogurt, Greek, vanilla, fat free		2 cups		3 qt		3 gal	1. Place yogurt, frozen cherries, fresh bananas, cocoa powder, and instant coffee in 5-gallon bucket. Pour milk on top. Blend using			
Cherries,	17.6 oz		6 lb 10		26 lb 8		immersion blender until pureed and smooth. Taste test smoothie. texture is not smooth, continue to blend.			
frozen			OZ		OZ					
Banana, fresh	1 lb		6 lb		24 lb					
EP							Note: A 5-gallon bucket can hold 24 servings.			
Cocoa powder		1/4 cup		1 1/2 cup		6 cups				
Instant coffee		1 Tbsp +		1/2 cup*		2 cups*				
		1 tsp*								
Milk, fat-free		1 qt		1 gal + 2 qt		6 gal				
							2. Pour 22 oz smoothies into 24 oz cups evenly and top with lid.			
							CCP: Hold and serve at 41° F or below. CCP: No bare hand contact with ready to eat food.			







Notes:

17.6 oz frozen cherries = 2 cups fruit puree.

1 lb EP bananas = 1 lb 9 oz AP bananas or ~4 bananas or 2 cups puree.

Fruit (puree) in smoothies credits as fruit juice. Fruit puree was weighed and measured without the addition of water or other ingredients.

1 smoothie can credit as a reimbursable breakfast meal (3 items).

*The amount of instant coffee needed will vary by brand. Adjust quantity to provide 8 oz of coffee per smoothie according to package instructions.

Serving:

1 serving provides 1 oz meat/meat alternate, 1 cup fruit, and 1 cup milk.

Portion Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
22 fl oz	346 kcal	1.52 g	0.85 g	8.30 mg	145.67 mg	68.11 g	7.11 g	48.48 g	22.06 g

Nutrients generated with NUTRIKIDS® Menu Planning and Nutritional Analysis software and should not be used medical conditions or food allergies.