



## Protein Box With Nutty Yogurt Dip

Recipe Type: Breakfast

Meal Components: 1 oz eq WGR grain, 1 oz m/ma, 1/2 cup fruit

Preparation Time: 50 minutes

Ingredients	20 servings		100 servings		Directions
	Weight	Measure	Weight	Measure	
					<b>CCP: No bare hand contact with ready to eat food.</b>
Yogurt, Greek, fat-free, vanilla		1 quart + 3 cups		2 gal + 3 cups	1. In a large bowl or mixer bowl with whisk attachment, combine yogurt and nut butter. Whisk until light and fluffy.
Nut, seed, or soy butter		1 cup		1 qt + 1 cup	
Bagel, WGR, 2 oz eq grain		10 each		50 each	2. With bagel lying flat on table, slice in half.
Oranges, fresh, 126 count, whole	5 lbs 10 oz		28 lbs 2 oz		3. Wash and slice oranges into wedges.
					4. Assemble protein box with #10 disher nutty yogurt dip (6 Tablespoons), one-half bagel, and 1 wedged orange.
					<b>CCP: Hold at 41° F or below.</b>

<b>Notes:</b>	<b>Serving:</b>
	One protein box provides 1 oz eq WGR grain, 1 oz m/ma, and 1/2 cup fruit.



Nutty Yogurt Dip may be prepared day before service and held at 41° F or below.  
Use Protein Box Recipe Build for additional ideas.

Portion Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
1 box	267 kcal	6.95 g	0.93 g	2.38 mg	184.97 mg	39.52 g	6.52 g	22.20 g	12.85 g

Nutrients generated with NUTRIKIDS® Menu Planning and Nutritional Analysis software and should not be used for medical conditions or food allergies.