

Total Fat

6.649 g





Strawberry Frappe

Category Drinks	2 servings		32 servings		Cooking process #1 No Cook		
	Amount		Amount		T		
Ingredients	Weight Measures		Weight Measures		Directions		
Milk, low fat		1 cup		1 gal	CCP: No bare hand cor	ntact with ready to eat	
Strawberries, frozen	6 oz		6 lb		1. Place milk, strawberries, ice, and vanilla		
Ice		1/2 cup		1/2 gal	simple syrup in a blender or 5 gallon bucket (depending on number of servings). Blend until pureed and smooth. 2. Pour 9 oz frappe evenly into 12 oz cups. Top with 2 Tbsp of whipped cream. CCP: Hold and serve at 41° F or below.		
Vanilla simple syrup		2 Tbsp		2 cups			
Whipped cream, school-made		1/4 cup		1 qt			
Meal components							
Notes							
Number of servings is based o	n 9 ounces per	12 ounce cup. As	written, recipe	is not Smart Sna	ck compliant based on to	otal calories from	
strawberries, vanilla simple sy	rup, and whipp	ed cream. School	s can modify ba	sed on program i	needs.		
Nutrients per serving							
Calories 168	kcal	Sat Fat	4.17	′1 g	Total Sugars	18.914 g	
Protein 5.051	g	Chol	21.70	8 mg	Added Sugars	8.438 g	
Carb 22.826	g	Sodium	69.89	3 mg			

1.786 g

Dietary Fiber